# Developing Healthy Relationships

Greg Mohr October 2, 2016 AM Service Genesis 2:18, 1 Kings 19:10, 1 Kings 19:18, Acts 4:23, Ecclesiastes 4:9-12, Deuteronomy 32:30, 2 Corinthians 2:12-13, 2 Corinthians 7:5-6, Luke 10:1, Luke 6:38, Matthew 24:10-12, Genesis 24:8-41, 1 Samuel 16:7, James 3:17, John 2:24, Matthew 5:6, 2 Timothy 2:2, Ephesians 4:16, Ezekiel 37:1-14

# Each of us must admit our need for relationships

## We must learn how to develop healthy relationships

# 1. We need relationships with God and others

### Genesis 2:18 And the LORD God said, "It is not good that man should be alone; I will make him a helper comparable to him."

#### 1 Kings 19:10 So he said, "I have been very zealous for the LORD God of hosts; for the children of Israel have forsaken Your covenant, torn down Your altars, and killed Your prophets with the sword. I alone am left; and they seek to take my life."

### 1 Kings 19:18 "Yet I have reserved seven thousand in Israel, all whose knees have not bowed to Baal, and every mouth that has not kissed him."

Acts 4:23 And being let go, they went to their own companions and reported all that the chief priests and elders had said to them.

## **Ecclesiastes 4:9** Two are better than one, Because they have a good reward for their labor.

Wise is the man that understands the combinations at work

#### **Bob Nichols**

#### Ecclesiastes 4:10 For if they fall, one will lift up his companion. But woe to him who is alone when he falls, For he has no one to help him up.

# Encouragement strengthens support

### **Ecclesiastes 4:11** Again, if two lie down together, they will keep warm; But how can one be warm alone?

**Ecclesiastes 4:12** Though one may be overpowered by another, two can withstand him. And a threefold cord is not quickly broken.

Relationships provide us with exponential power to overcome situations

Deuteronomy 32:30 How could one chase a thousand, And two put ten thousand to flight, **Unless their Rock had** sold them, And the LORD had surrendered them?

### 2 Corinthians 2:12 Furthermore, when I came to Troas to preach Christ's gospel, and a door was opened to me by the Lord,

#### 2 Corinthians 2:13 I had no rest in my spirit, because I did not find Titus my brother; but taking my leave of them, I departed for Macedonia.

### 2 Corinthians 7:5 For indeed, when we came to Macedonia, our bodies had no rest, but we were troubled on every side. Outside were conflicts, inside were fears.

### 2 Corinthians 7:6 Nevertheless God, who comforts the downcast, comforted us by the coming of Titus,

#### Luke 6:38

"Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you."

What Jesus has done for you is greater than anyone has done for you

You have to leave your hurts and past and move into Godly relationships

# Matthew 24:10 And then many will be offended, will betray one another, and will hate one another.

# Matthew 24:11 Then many false prophets will rise up and deceive many.

# Matthew 24:12 And because lawlessness will abound, the love of many will grow cold.

We forgive other for hurting us but when the thought comes back we still feel angry and agree that we have not forgiven them

We have to remind ourselves that we have forgiven others for hurting US.

# 2. Relationships cannot be forced

#### Genesis 24:8 "And if the woman is not willing to follow you, then you will be released from this oath; only do not take my son back there."

Genesis 24:12 Then he said, "O LORD God of my master Abraham, please give me success this day, and show kindness to my master Abraham.

#### Genesis 24:40 "But he said to me, `The LORD, before whom I walk, will send His angel with you and prosper your way; and you shall take a wife for my son from my family and from my father's house.

Genesis 24:41 You will be clear from this oath when you arrive among my family; for if they will not give her to you, then you will be released from my oath.'

However you get into a relationship is how you are going to have to keep that relationship

God doesn't need your help, He just needs your cooperation

The best way to enter a Godly relationship is to serve your way without expectation

#### James 3:17 But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.

When the Lord creates a relationship for you, it will be peaceful

There is only 1 thing worse than lonely, it is being together and miserable

3. There are different levels of relationships

# John 2:24 But Jesus did not commit Himself to them, because He knew all men,

Be discerning about the level of relationship you are to have

# Matthew 5:6 Blessed are those who hunger and thirst for righteousness, For they shall be filled.

2 Timothy 2:2 And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also.

3 types of relationships that we all need

Discipling relationships People you are pouring into

# Pier relationships

Those you are accountable to

Mentor relationships Others pouring into you.

#### **Ephesians 4:16** from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

#### **Ezekiel 37:1** The hand of the LORD came upon me and brought me out in the Spirit of the LORD, and set me down in the midst of the valley; and it was full of bones.

## **Ezekiel 37:2** Then He caused me to pass by them all around, and behold, there were very many in the open valley; and indeed they were very dry.

## **Ezekiel 37:3** And He said to me, "Son of man, can these bones live?" So l answered, "O Lord GOD, You know."

## **Ezekiel 37:4** Again He said to me, "Prophesy to these bones, and say to them, `O dry bones, hear the word of the LORD!

## **Ezekiel 37:5** Thus says the Lord GOD to these bones: "Surely I will cause breath to enter into you, and you shall live.

#### **Ezekiel 37:6** "I will put sinews on you and bring flesh upon you, cover you with skin and put breath in you; and you shall live. Then you shall know that I am the LORD.""

#### **Ezekiel 37:7** So I prophesied as I was commanded; and as I prophesied, there was a noise, and suddenly a rattling; and the bones came together, bone to bone.

## **Ezekiel 37:8** Indeed, as I looked, the sinews and the flesh came upon them, and the skin covered them over; but there was no breath in them.

## Ezekiel 37:9

Also He said to me, "Prophesy to the breath, prophesy, son of man, and say to the breath, Thus says the Lord GOD: "Come from the four winds, O breath, and breathe on these slain, that they may live.""

## Ezekiel 37:10 So I prophesied as He commanded me, and breath came into them, and they lived, and stood upon their feet, an exceedingly great army.

#### Ezekiel 37:11 Then He said to me, "Son of man, these bones are the whole house of Israel. They indeed say, 'Our bones are dry, our hope is lost, and we ourselves are cut off!'

## Ezekiel 37:12

"Therefore prophesy and say to them, `Thus says the Lord GOD: "Behold, O My people, I will open your graves and cause you to come up from your graves, and bring you into the land of Israel.

## Ezekiel 37:13 "Then you shall know that I am the LORD, when I have opened your graves, O My people, and brought you up from your graves.

#### Ezekiel 37:14 "I will put My Spirit in you, and you shall live, and I will place you in your own land. Then you shall know that I, the LORD, have spoken it and performed it," says the LORD."