

# How to Bless the Lord – Remember His Benefits

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*January 29, 2014 PM Service*

Psalms 103:1-8, Psalms 103:17,  
Isaiah 40:28-31

*Psalms 103:1*

Bless the LORD, O  
my soul: and all  
that is within me,  
bless his holy  
name.

*Psalms 103:2*

Bless the LORD, O  
my soul, and  
forget not all his  
benefits:

*Psalms 103:3*

Who forgiveth all  
thine iniquities;  
who healeth all  
thy diseases;



*Psalms 103:4*

Who redeemeth thy  
life from destruction;  
who crowneth thee  
with lovingkindness  
and tender mercies;

*Psalms 103:5*

Who satisfieth thy  
mouth with good  
things; so that thy  
youth is renewed  
like the eagle's.

*Psalms 103:6*

The LORD  
executeth  
righteousness and  
judgment for all that  
are oppressed.

*Psalms 103:7*

He made known his  
ways unto Moses,  
his acts unto the  
children of Israel.



*Psalms 103:8*

The LORD is  
merciful and  
gracious, slow to  
anger, and  
plenteous in mercy.

# *Psalms 103:17*

But the mercy of the LORD  
is from everlasting to  
everlasting upon them that  
fear him, and his  
righteousness unto  
children's children;

Bless His  
Holy Name

Forget not  
His Benefits



# Benefits of Remembering God

1. He forgiveth our iniquities.
2. He healeth all our diseases.
3. He redeemeth our life from destruction.
4. He crowneth us with tender mercies.
5. He satisfies our mouth with good things

## *Isaiah 40:28*

Hast thou not known? hast thou not heard, that the everlasting God, the LORD, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding.

*Isaiah 40:29*

He giveth power to  
the faint; and to  
them that have no  
might he increaseth  
strength.



*Isaiah 40:30*

Even the youths  
shall faint and be  
weary, and the  
young men shall  
utterly fall:

## *Isaiah 40:31*

But they that wait upon the  
LORD shall renew their  
strength; they shall mount  
up with wings as eagles;  
they shall run, and not be  
weary; and they shall  
walk, and not faint.